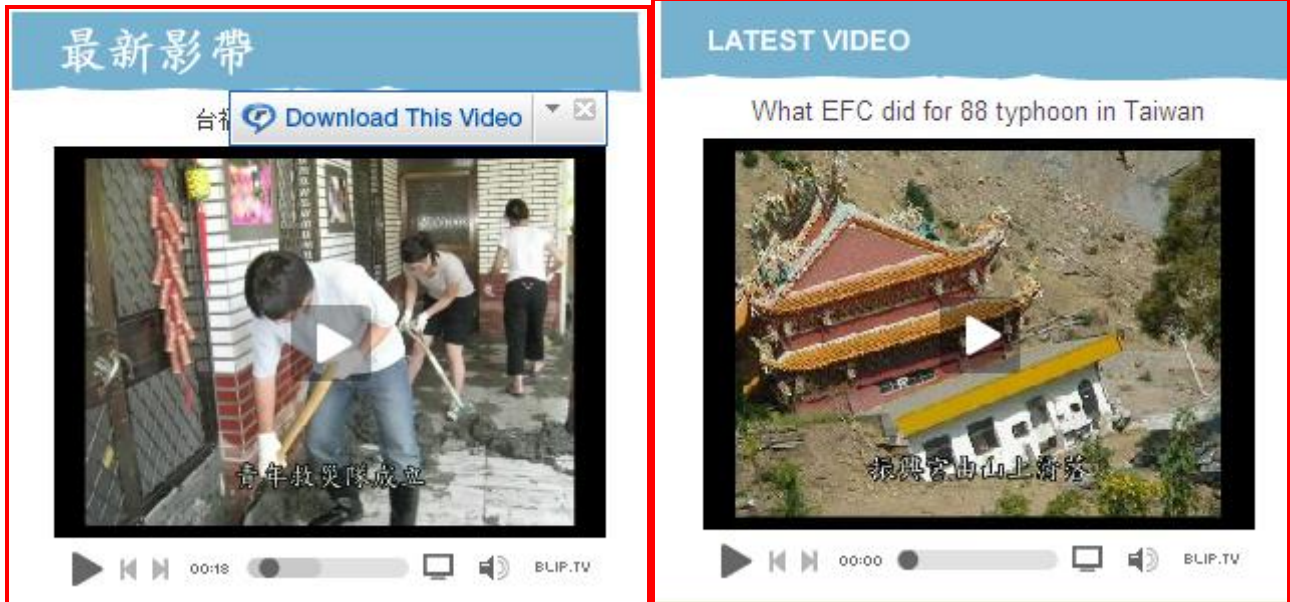



影片下載方法 (Instructions on Downloading Videos)

- A. 不論直接從首頁下載，或從內文的影片位置下載，其方式都一樣 (Whether you are trying to download from the homepage or downloading from the monthly video section the method is the same)



1. 將游標指向影片並且播放 (Move the mouse cursor to the video you want and press play)
2. 螢幕上方會出現  圖樣，請按這個圖樣，即可進行將影片下載自個人電腦中。 (When the video starts playing, a box will appear at the top of the video; click on this box to download the video to your personal computer.)

